



# Germany Healthcare



## INTEGRATIVE STEM CELL TREATMENT PROGRAM

### Welcome to Germany-Healthcare

In current international biological and medical research, stem Cells have recently taken focal point. Since stem cell treatment is a quite broad term, it refers to several research areas. In the following, you will find information how our center uses stem Cells treatment for a quite number of diseases and regenerative procedures.

You will find below screenings, medical treatments and therapies which take part of this programme. Treatment programmes will be customized specifically to your needs. After the screening, our medical team will single out respective results and therapies for you.

# AUTOLOGOUS ADULT STEM CELL TREATMENT

## What makes us different?

What is „Stem Cell Treatment“? It is a kind of regenerative medicine in tissue engineering. This tissues have the feature to replace, repair, establish or restore biological functions and structures which are maybe damaged in consequence of malady, destruction or aging.

The use of stem Cells has been increased from laboratory experimentation to their usage in humans during the last five years. You can find documentations in its use to a great extent in international scientific literature. It is well-known that numerous research institutions have achieved successful stem Cells treatments in regenerating processes and also several maladies.

We use autologous adult stem Cells for our integrative stem Cells treatment programme. This stem Cells do we obtain from whole blood. It is a form of treatment that is called „autologous stem Cell treatment“. For this treatment, we uses adult stem Cells which have finalized their stem Cell formation in the bone marrow. This kind of stem Cells treatment is notably well investigated. Hence, it is well reliable to use. The stem Cells which we obtain is from the receiver, so it is safe that it will be not rejected. There is also no risk that stem Cells can mutate into cancer Cells because the stem Cells are Matured.

It is possible to harvest stem Cells from bone marrow and fatty tissue, but they are not unconditionally completely mature. The human body stores toxins and other trashes in its fat tissue. That is why we do not prefer necessarily stem Cells which is from body fat. In any case, it can be in both cases displeasing.

We prefer to extract stem Cells which come straight from blood vessel by drawing blood.

As adult stem Cells are entirely completed within the bone Marrow, they will not replicate infinitely and undefined. We are convinced that long-term based, the use of adult stem Cells is more safe for our patients. This is why we prefer autologous adult stem Cells treatment by drawing blood straight from the patient's blood Vessel.

The Germany-Healthcare Integrative stem Cells Treatment Programme brings stem Cell treatment to a higher stage. We feel that our therapies are greatly enhanced by incorporating them into our Places to Health Concept. Thus, the body of the patient will be well primed for the stem Cell usage.

## Our research center has its focal point in the following diseases:

- Diabetes mellitus type I & II
- Neurological diseases
- Heart diseases
- Chronic pain syndromes
- Muscle diseases
- Auto immune diseases
- Liver diseases
- Beauty
- Rejuvenation
- Anti-aging
- Lyme disease
- General health

# INTEGRATIVE STEM CELLS TREATMENT PROGRAMME

## What to expect within our Program:

After having a specific number of clinical diagnostics, therapies and treatments, your physician team will modify the type of therapy, number of treatments, and its duration. Additional services, tests or treatments, if necessary, will be instructed only upon your affirmation.

If you like to have additional spa treatments and services, it may be purchased as long as it is available. Additional radiographies, tests, medications, therapies, surgeries, treatments, external consultations by medical specialists does not take part of our programme, and it is in this respect, not included in our package. In this case, this services will be at the patient's own expense.

## ADDITIONAL THERAPIES

We offer also therapies which may be added to your treatment. These services are not included within the programme package. Thus, it would be an extra cost and is declared previously to the usage of the therapy.

### Professional Consultations

- Daily medical consultations
- Specialist consultations
- Discharge consultation
- Admission consultation
- Follow up consultations
- Laboratory and tests review
- Clinical history

### Extra Diagnostic Tests

- Bio sequence analysis (bio scan analysis)
- Global Diagnostics bioenergetics assessment
- Supportive Therapies
- Reflexology
- Thymus therapy
- Bodywork
- Nutritional supplements
- IV infusion programme

### Laboratory Testing

- Blood chemistry
- Complete blood count
- Cellular immune panel

### Optional Laboratory Testing

- Urine analysis
- Stool analysis
- Microscopic blood analysis
- Glucose 6-phosphate dehydrogenase

### Services

- Welcome package
- Airport pick-up
- Accommodation
- Concierge service
- Transfers to and from clinic



## THE STEM CELL PROCESS

When a particularized anamnesis of the patient is already taken and a general physical examination is completed, the first step of the stem Cells process is to draw blood (approximately 300 cc) from the patient's blood vessel from which the stem Cells will be extracted. Hereinafter, our laboratory will extract the stem Cells from the whole blood which has been drawn. They will be examined so that the stem Cells can be chosen for replication by the use of Cell growth factors. During 10 days of incubation the stem Cells multiply between 7 to 10 times. During ten days, the patient's body will be adjusted for the ultimate treatment by supportive IV therapies along with immune modulation.

After 10 days the stem Cells will be washed and examined once again. The next step is very easy and virtually painless for patient. He will get an injection under the skin. The lymphatic system and the blood vessels will be diffused in the whole body.

There is no risk that the patient's body will be suffer of an allergic reaction or that the body will reject the stem Cells since we will apply stem Cells from the patient's own body.

Stem Cells are able to become any sort of Cells which the body needs because they are undifferentiated Cells. A specific hormonal signal from the body provoke the transformation of the stem Cells into a definite tissue type.

## INTEGRATIVE TREATMENT

The Germany's Healthcare Stem Cell Programme that is composed of Some Places to health breaks new ground. Due to immune modulation with Thymus extracts, supportive IV therapies and a gentle detoxification programme, will be prepared the body for the stem Cells. These modules are also to ensure an optimal condition for the stem Cells. The five places to health is composed of the following therapies:

- Immune modulation
- Disease specific therapy
- Detoxification
- Substitution
- Mind-body medicine

We have developed a comprehensive treatment which is showing to have a positive effect in a high percentage of our patients by combining these steps with an integrative stem Cells programme. Our approach covers fundamental issues in the body. Instead of getting caught up in treating symptoms, it is an ideal therapy for patients with an unclear diagnosis or for patients who simply look for optimal health and anti-aging.

# STEM CELL TREATMENT

## What to expect

What can someone expect to undergo during and after stem Cells treatment? This is very diverse and cannot be answered as everyone can react differently.

First of all, the initial stem Cells extraction is almost painless because it is a simple blood draw. In order to avoid any damage to the stem Cells, this blood draw will be carried directly at our stem Cells laboratory which is inhouse. In this way the blood can be processed promptly. This is followed by the IV treatments.

Most of our patients do very well during the treatment. The IV cure is quite intensive and lasts about 2 to 4 hours each day.

The second week most of patients experience something like an emotional detoxification. In this period, emotional issues and stress seem to be more conspicuous.

After 10 day's the stem Cells will be reinject. Actually, this is the beginning of the stem Cells therapy. It will be also given directly at our laboratory to ensure that the stem Cells continue to be undamaged and fresh. The implantation is very simple. It is nothing more than a small injection under the skin in the left or right arm. In the following 24 hours, some of our patients reported that they felt a little bit ailing like a day before you would get a flu.

## AFTER STEM CELL TREATMENT

The following 100 days are very essential for the progression of the stem Cells. Regarding patient's wellbeing during this period, it has been observed two different groups of patients. One of the group felt quite well when they left the medical center and continue to feel better each day. The other group seemed to go through a phase of ups and downs. Some days they felt well and some days they felt exhausted. This can endure for a few months until it turns into a well condition to feel the benefits of the stem Cells treatment.

## THERAPY AFTER STEM CELL TREATMENT

A frequent question of the patients is what kind of therapies can be done after stem Cell treatment. The first 100 days after stem Cell implantation are critical for their development. So, it is essential not to do anything that would interfere with the stem Cell replication in the body. This comprise some antibiotics, immune suppressants and steroids. Before you leave our medical center, our staff will inform you in the consultation before your clinic discharge. If you need medication, you should get the medical care you need. Please contact our team immediately to clarify about any medication you may need to take.

If you may feel ailing during the 100 days of development period, you may find that you benefit from some supportive natural treatments. These may involve procedures such as massage therapy, lymphatic drainage or infrared sauna. Vitamin IVs, glutathione, and other treatments may help you likewise to manage any symptoms during the 100 days of development period. Our advice is to narrow any treatments and symptomatic control down rather than starting a whole new round of treatments. It is to consider that the body is recalibrating after a stem Cell treatment and it needs time to do this.

## TRY TO CHANGE

It can be a complicated process to make a full recovery. Unfortunately, we have often observed patients do very well while they have been stayed at Germany Healthcare and when they came back they returned into an unhealthy routine or style of life. One should make changes when returning home and should use its stay at Germany Medical Care as an opportunity to learn how to break old habits, so one may return home with new energy and hope of a better and healthy life.

# INTRAVENOUS TREATMENTS

## Integrative Stem Cell Treatment

The integrative stem Cell treatment programme consists of a number of different IV infusions and other treatments. They are designed in the content in order to have a coactive effect.

### IV TREATMENTS INCLUDES:

- IV Calcium EDTA
- IV Chelation
- IV Dioxychlor
- IV Glutathione
- IV Homeopathics
- IV Immune protocol
- IV Liver support
- IV Myers' cocktail
- IV Neuro-amino-mix
- IV Ozone therapy
- IV Phosphatidyl choline
- IV Sodium bicarbonate
- IV Vitamin C

## CALCIUM EDTA

Calcium EDTA is generally used to eliminate lead from the blood circulation. In addition, it is thought to have many benefits in the enhancement of Cellular functions, helping the Cells rid themselves of metabolic waste, and toxins.

## CHELATION TREATMENT

In order to enhance the immune response and reduce side effects of the therapy, the body needs to be free of heavy metals and toxins. Chelation treatment has been applied since the 1940s to treat severe poisoning by heavy metals. After eliminating the source of heavy metal intoxication, the use of chelating agents is the next most essential step in decontamination therapy. Chelation treatment is thought to advance the natural excretion of heavy metals which are stored in the body. At Germany Medical Care we use infusions of magnesium EDTA for chelation treatment.

## DIOXYCHLOR

Dioxychlor is a natural antibiotic that provide oxygen to organisms that may die in its existence. It may help eliminate bacteria, viruses, parasites, toxins and yeast by given in an infusion.

## GLUTATHIONE

Glutathione is a substance that the liver produces naturally. It can also be found in fruits, meats, and vegetables. Free radicals in our body affected Cells, damage DNA, and contribute to aging. They are also implicated in every illness. Glutathione deactivates the most destructive free radicals while vitamins such as C and E, just help to neutralize free radicals. The coenzyme Q10 is an enzyme that is found in the energy-producing mitochondria of all Cells. Glutathione helps to recycle coenzyme Q10. In this way, it is supportive to get back to full strength after it neutralizes free radicals.

## INTRAVENOUS HOMEOPATHIES

Homeopathies are very susceptible substances. Things which we consume such as essential oils, can often interfere with the effectiveness of homeopathic medicine. Therefore, we choose to give our homeopathic medication intravenously. This is generally administer as an IV infusion or as a short IV push after an infusion. We use traditional medicine to help with relaxation of tension, detoxification, to support energy release in the body, and to enhance Cellular function.

## IMMUNE PROTOCOL

This is a proprietary blend of vitamins, minerals, glutathione, L-arginine, L-carnitine, acetylcysteine, zinc, and alpha-lipoic acid which is compounded to support regulation of the Cell and immune function.

## LIVER SUPPORT MIX

This is a proprietary mix of amino acids, glutathione and homeopathies which are compound to support liver function. Patients with liver damage as well as those who have been taking medication over a longer period of time can take advantage from this support. As our treatments are conceived to facilitate detoxification, this IV infusion is used in most of our programmes in order to support the metabolism of the liver during treatment.

## MYERS' COCKTAIL

It is a high intravenous dose of vitamins, minerals and amino acids that presents a pharmaceutical effect and is traditionally used to minimize tumor size, curb the spread of cancer and improve the quality of life. The body is also provided with vital nutrients by these substances. It is a therapeutic concept. The Myers' Cocktail was originally developed by the physician John Myers of Baltimore, Maryland. Myers had the theory to bypass the digestive system by the intravenous administration of micronutrients. In this way, the blood level including these substances could be greatly increased, and the nutrients would be forced into the Cells.

## NEURO-AMINO MIX

This proprietary blend of amino acids is designed to boost detoxification and repair the nervous system. Commonly, we use this IV infusion in the treatment of neurological disease and damage of nervous system. Furthermore, it is a key element in our Substance Dependency Detox Programm. Neuro-Amino Mix can support patients trying to break themselves of stimulants, pain, or sleep medication.

## OZONE THERAPY

Ozone therapy is the utilize of ozone gas. It can be applied topically, rectally or intravenously. Healthy Cells are stimulated and multiply more quickly. Ozone therapies are thought to stimulate white blood Cells production, wipe out micro-organisms, optimize oxygenation, support the body to fight infections and cancers and vivify the body's metabolism.

## PHOSPHATIDYL CHOLINE

Phospholipids are the fundamental building blocks of our Cells. They can advance Cell repair and detoxification by given it in combination with other substances. Patricia Kane is very famous for her PK-Protocol in which she combines phospholipids with glutathione and folic acid to help recover healthy cellular function.

## PROCAINE/BICARBONATE INFUSION

The multiple effects of procaine (at the hands of neurotherapeutic representatives) can be strengthened and extended when it is combined with the base sodium bicarbonate. The infusion causes a relief in pain, an amendment of the general condition and a neutralization of excess acidity. Additionally, inflammatory and balancing (systemic regulation) effects were observed.

## HIGH-DOSE VITAMIN C

Although the body is not able to produce vitamin C itself, is this vitamin an indispensable micro-nutrient for humans. Free radicals can cause great damage to the organism. Vitamin C neutralizes these free radicals. In the case of an inflammation, for example, the formation of free radicals is increased to such an extent that the body protection systems are overburdened and need help urgently.

## SELENIUM

Selenium is necessary to produce antioxidant proteins which support to prevent Cell damage from free radicals, and thus protects against the evolvement of certain chronic diseases. Selenium actuates an antioxidant enzyme called glutathione peroxidase. Selenium becomes important in regulating thyroid gland function and the immune system, and it is one of the more popular antioxidants along with vitamin C and vitamin E.

## DCA

Dichloroacetate (DCA) may change the metabolism of cancer Cells and cause them to olden and perish. An achievement that is foreign to cancer Cells. It bans them from otherwise destroying the human body.

# NON-INTRAVENOUS TREATMENTS BODYWORK

Bodywork at Germany Healthcare is a combination of osteopathic treatments conceptualized to improve metabolism and alleviate stress levels and trauma to the body. The body's own senses and inner balance will be intensified by skillful treatments, passive movements, and gentle mobilization of the joints and connective tissue. Deep set tensions and internal stress are alleviated and the self-healing power of the body are quickened.

## REFLEXOLOGY

Traditional Chinese foot reflexology can benefit to alleviate pain as well as aid sleep and deep relaxation. The method uses pressure. It is used to areas of the feet which represent the organs and other structures in the body. The teaching of the traditional Chinese foot reflexology is that through stimulation of these reflex zones energy balance is restored to the organ being treated, consequently, it encourages healing and inner balance.

## GLOBAL DIAGNOSTICS

Global Diagnostics is a diagnostic and treatment system that is based on bioenergetics. The proceedings described in more details on page ?

## THYMUS THERAPY

The thymus gland has an important function in our immune system. Thymus therapy is made to support and improve the immune system.

### The Resolution to Immune Modulation

The most important factor in immune therapy is the thymus therapy. At the beginning of the treatment, there is a series of thymus extract injections which activate and adjust the body's immune system. This is what we name: immune modulation. The difference from simply boosting the immune system is that immune modulation establishes a healthy immune Cell ratio instead of producing more immune Cells. By nature, the thymus gland plays an important role in cellular immune modulation.

The thymus gland is situated just behind the breast bone, on the top of the heart, and constitutes the center of our immune system. The role of the thymus is to produce and program

T-lymphocytes (T-Cells). A T-lymphocyte is a critical component of the adaptive immune system. During our lifetime, the thymus changes its size and function.

Newborns and infants have a largest and most active thymus. The thymus begins to shrink in the early teen years. Due to this decrease of size, the immune reaction related to the thymus shrinks once we get older. Only about fifteen percent of the thymus gland still works when we reach our fifties. This precipitates a considerable immunologically decrease in respect of ailments as for instance auto-immune disease, cancer, and infections, the more we get older.

## THE ROLE OF THYMUS

The Immunologist, J. Miller from Australia discovered the role of the thymus gland in 1960. He also realized the true importance of the lymphocytes that are programmed by the thymus. International thymus research has been increasing since that time, and so we know today that the thymus is the central organ of the body's defenses. The white blood Cells are formed in bone marrow. This is how they reach the thymus as immature lymphocytes. Only ten percent of these Cells are educated in the thymus and are suitable for use in the body's defenses. Natural killer cells, helper Cells, suppressor Cells, and memory Cells are educated to monitor and inspect the body. The function of this system is to realize the body's own Cells as its own and to recognize foreign cells, such as bacteria, cancer Cells, or viruses, as extrinsic. This extrinsic Cells are then attacked and destroyed. Our immune system are composed of a whole array of different Cells. These must all work together to guarantee a coordinated immune response for disease. Therefore it is significant that a healthy ratio exist among the different kinds of immune Cells. Ailments, stress, age, trauma or other factors can provoke these ratios to become skewed which is then often described as an immune defect. An immune defect impairs the body's capacity to align an accurate immune response and can result in a debilitated immunity or auto immune syndromes like lupus, chronic fatigues, and fibromyalgia.

## TODAY'S THYMUS THERAPY

Dr. Elis Sandberg from Sweden promised results in treating chronic diseases and cancer by thymus therapy as early as 1938. He created his own thymus peptide extract named THX. Sandberg had successfully treated more than 50,000 patients in the 1980's. In addition to the affirmative results of his therapy, many of his patients experienced significant anti-aging effects. This approach has been used in Germany meanwhile for over 30 years. It has substituted the classic method of Live Cell Therapy that was developed by professor Niehans.

The usage of thymus extracts has been extremely well researched. There are over 1400 scientific studies about the use of Cell extracts, most of them concentrating on the usage of thymus. Based on modern preparation techniques, these products are reliable to apply. As well as all types of supplements and medication it is important to show consideration for the risk of a negative or allergic reaction. Tens of thousands of case reports present that thymus extracts are reliable for use by most patients. Most issues can be avoided by preferring a high quality product, produced in a certified production facility.

**As follows, you will find diseases of which thymus therapy may be an effective treatment:**

- Tinnitus
- Osteoporosis
- Asthma
- Symptoms of menopause
- Sleep disorders
- Skin disorders
- Chronic fatigue
- Disturbances of the thyroid gland
- Allergies
- Blood pressure irregularities
- Cancer
- Autoimmune diseases
- General signs of aging
- Fibromyalgia
- Diabetes mellitus
- Chronic infections
- Hormonal dysfunction
- Mood disorders
- General loss of vitality
- Infertility
- Impotence and sterility
- Chronic gastrointestinal problems
- Poor healing of wounds and fractures
- Sexual dysfunction
- Male andropause
- Prostate enlargement
- Chronic liver disease (Hepatitis)
- Immune support in AIDS sufferers
- Menopause
- Insomnia
- Lyme disease
- Multiple sclerosis
- Rheumatism

## ADDITIONAL THERAPIES

Sometimes our practitioners may advise additional therapies to your medical guideline. If one of our practitioners decides to do this, it is most likely based on newer results while your stay at our facility. These therapies are not inclusive in the Stem Cell Protocol and will arise additional costs. Your practitioner will give you a detailed explanation, why such an advise is being made.

Additional therapies may comprise the following:

### LYMPHATIC DRAINAGE

The lymphatic system plays also an important role for the transport of body fluids and bears a close relation to the blood circulation apart from the immune system of the body. Nutrients and also waste from the Cells are transported through the lymph system. The lymphatic system may need sometimes some support. Lymphatic drainage is applied to the legs and abdomen and makes use of a pneumatic compression system. This treatment is good to reduce cellulites, fluid retention and swelling. It is also used to benefit detoxification.

### SANUM THERAPY

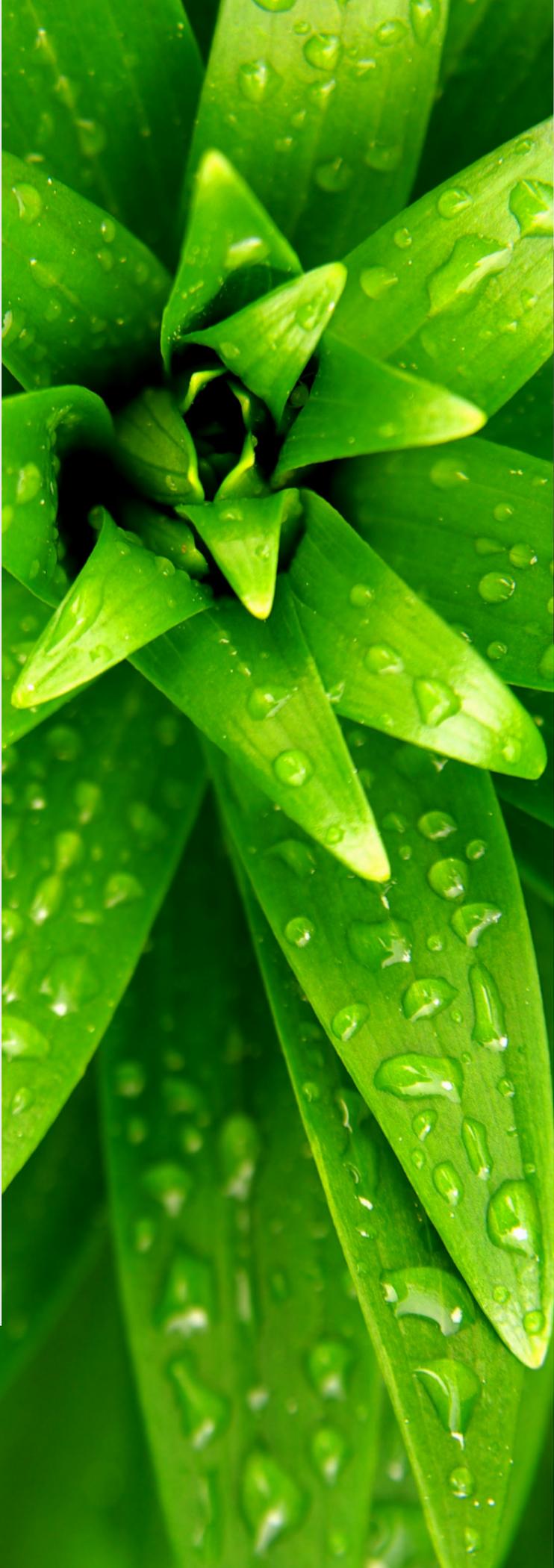
This therapy is designed to improve immune function, digestion, and general health. It is a traditional German naturopathic therapy in which probiotics, bacterial extracts, homeopathic compounds and minerals are combined.

### BIO-FEEDBACK

Our bio-feedback system uses EEG to examine the function of the brain. If there are any disturbances in the wave patterns of the brain, it will indicate dysfunctional pathways between specific areas of the brain. Through straightforward training such as using light, sound and pictures, the bio-feedback system helps you train your brain. This technique is especially helpful in the treatment of attention deficit, brain fog, emotional disorders, depression and insomnia.

### INTRAVENOUS CURCUMIN

Studies indicate that curcumin may have anti-tumor, antioxidant, anti-arthritic, anti-inflammatory, and anti-ischemic properties. Most chronic illnesses such as neurodegenerative, cardiovascular, pulmonary, metabolic, auto-immune and neoplastic diseases are due to inflammations.



## AN EXTENSIVE HEALTH CHECK IN 8 MINUTES



The Global Diagnostic system uses an advanced method named "Vitalfeld" technology (German for 'vital field' technology). It facilitates the specialists to measure and visualize energetic structures of the body. The Global Diagnostics system automatically analyzes and records the patient's energetic reaction pattern in less than ten minutes. Each body system and every part of the body, whether healthy or diseased, has a specific reaction pattern to weak external impulses. On the basis of this reaction pattern, valuable results can be drawn about the functionality of the organs and organ systems as well as the energetic state. The analysis comprises more than 550 body objects like joints, nerves, muscles, organs etc. as well as the thirteen organ systems. After the measurement is achieved, the results are immediately displayed on the computer monitor for evaluation.

## MORE THAN ONLY ANALYSIS

The Global Diagnostics system can be used to monitor the results of a treatment protocol. Usually, we repeat the analysis a couple of times during the treatment process. The findings help us to adjust the protocol and optimize it to fit your body's immediate needs. The Global Diagnostic system is able to do more than only analyze. It can also be programmed to submit a bio-energetic treatment to help and stabilize the body systems. On the basis of the Global Scaling Theory, it can submit over 240 different treatments to help free the body of bacteria, fungi, mites, parasites, and viruses.

## WHAT TO EXPECT

The procedure of the Global Diagnostic measurement is painless and simple. Usually, you will be sitting in a comfortable chair or lying on the examination table. The Global Diagnostic sensor attached by two small electrodes which are placed on your ankles. During the eight minutes it takes for the analysis to run, it is necessary to keep quiet and relaxed. Enjoy eight minutes of a break, without having to check your messages or emails on your Cell phone. Once the initial test has been accomplished, the specialist may decide to perform some additional testing. As a rule, the complete procedure is finished within some 15 minutes. The test results are immediately shown on the computer monitor. They are made up of several graphs, lists, tables, and diagrams which will be explained to you. It is useful for you to take some notes since the results are very detailed. During the explanation, you will also receive advices and instructions how to shift yourself achieve optimal health.

Once the initial results have been explained to you, the specialist will then interpret the diagnostic findings in a clear and understandable way. This information will be needed to compile an individualized therapy plan.



# LOW LEVEL LASER THERAPY

## Therapy With Photomedicine

The term „Cold Laser Therapy“ is a self-explaining colloquial term for photobiomodulation or Low Level Laser Therapy (LLLT). It is a phototherapy where lasers or LEDs are used to improve tissue repair, reduce pain, and inflammation wherever the beam is applied. Usually, a doctor, therapist, or technician perform the treatments. It takes around ten minutes and should be performed two or more times a week. LLLT has been applied for many years on arthritic joints, sports injuries, back and neck pain, and neuropathic pain syndromes. There have been published over 300 randomized clinical tests on LLLT, and half of them have been on pain. As a result that has been a significant reduction of inflammation within 1 hour, equal to or better than NSAIDs. Analgesic effects have been achieved in one minute that have been persisted for 48 hours. The healing time of chronic tendinopathy have been reduced by 70 percent.

### CLINICAL UTILIZATION:

- Back and neck pain
- Cell growth stimulation
- Frozen shoulder
- Osteoarthritis
- Post-operative pain
- Skin disorders
- Sports injuries
- Sprains and strains
- Tennis elbow
- Tissue healing

## HOW COLD LASER THERAPY GOES

According to its intensity and the time applied can light stimulate or inhibit cellular function. LED's and Lasers generate intense beams of light at specific wavelengths. You can stimulate, resolve, relieve inflammation and reduce pain when the right wavelength at the accurate intensity is applied and at the correct anatomical location for the right length of time.

## LLLT AND STEM CELL TREATMENT

Studies have proven that the original stem Cells can be greatly increased by exposing certain areas of the body to LLLT. We use this way to increase the original stem Cell which we extract from the blood stream. 24 hours before blood taking, we expose areas of your body which are necessary for the stem Cell production by specific LLLT frequencies. LLLT can also be applied to activate stem Cells. Therefore, we use LLLT as an activator directly after the stem Cell application. As soon as the stem Cells have been injected back into the lymphatic system, LLLT is used to the injection site.



# GO ON A JOURNEY TO GERMANY

## A trip to Germany-Healthcare

Germany-Healthcare is an ideal destination to receive a cutting-edge medicine and state-of-the-art health care. Nevertheless, traveling abroad to seek medical help is not an easy decision. It is our ambition to make your stay abroad as pleasant as possible. Please read the following information carefully to help preparing yourself for your journey to Germany. Our international team will be there to assist you with any questions you may have. We hope you will have a pleasant stay in Germany, and we look forward to sharing our Germany-Healthcare hospitality.

## TRAVELING TO GERMANY

As follows, you will find information that are designed to acquaint you with Germany Health Care. It gives a review about the basics of how our facility works and supports you with some practical information regarding to your stay. We hope this answers can cover most of your questions pertaining to Germany Health Care and will help you feel positive about your decision to go to Germany.

## THE JOURNEY

We can usually accommodate you on a short term basis. Please don't hesitate to contact the Germany office to inform them about your desired travel and treatment period. You may book your flights accordingly to your desired travel and treatment period after we have confirmed your apartment availability. Please arrange to arrive on a week day, i. e. from Monday to Friday. Please ensure that you have a valid passport. On your arrival at the airport, there will be our driver to meet you and take you by car to Germany's Health Care. You may need a few days to acclimatize to the local time zone and the environment in Germany. It will help you to arrive a day or two before your treatment, so you will be relaxed and comfortable.

## THERAPY

All of our treatment programmes are conducted on the basis of our Places-to-Healing concept. They comprise detoxification, disease specific treatment, immune modulation, mind-body medicine, and substitution.

We will monitor your progress by the use of laboratory examinations and Global Diagnostics. Based on these results, we will align and optimize the therapy if necessary.

All extra charges or therapy alignment which are not included in your bill of costs will be shown to you in advance in order you can approve before they are realized. It is our objective to be as transparent and precise as possible in respect of financials and costs.

First, when they mentioned going to Germany, the thought was overpowering. Now, I ask myself why I didn't do it earlier.

## ACCOMMODATION

It is our wish to make your stay as convenient and comfortable as possible. Germany-Healthcare package is equipped with accommodation in serviced apartments which are located to or in the immediate vicinity of the clinic.

## LANGUAGE

Our Team consist of German, English and Arabic speaking competent workers.

” Your choice to trust us with your health is something we do not treat lightly.



# PLACES-TO-HEALING

## Our Therapy Concept

Our concept concentrates on the significance of a balanced approach to treating any kind of malady. It is an integrative concept that comprises a wide diversity of medical and traditional treatments. Many patients search for an 'alternative' treatment. We do not practice alternative medicine and try to evade this categorization. We are convinced that not all common treatments are bad and not all alternative treatments are good. Rather we think it is significant to incorporate the best of each approach into an integrative treatment. Many of our natural and biological treatments have their roots in Europe where they have been put into practice for many decades. Within our integrative stem Cell treatment programme, you find many traditional modalities like high dose vitamin C, homeopathy and intravenous ozone therapy in combination with innovative medical procedures as for instance the autologous adult stem Cell procedure to provide our guests with a extensive 360 degree approach to their individual health condition..

Our integrative Places-to-Health concept comprises:

## IMMUNE MODULATION

Immune modulation implies bringing the ratio of the several immune Cells back into balance to activate the immune system to work impeccably. This is very different from merely stimulating the immune system. For those who have chronic degenerative diseases is restoring healthy immune functions a foundational treatment. Thymus extract (THX) is an amino peptide therapy that is commonly practiced in Germany as part of immune modulation protocols. Studies have proven that THX can stimulate the T-lymphocyte production and can improve results in therapy.

## DETOXIFICATION

Detoxification implies the elimination of harmful substances from our body which is constantly confronted with toxins. We find such toxins in the air we breathe, in our clothes, in furniture, in the food we eat, and even in our mouth as dental toxins. Metabolic waste may not be thoroughly removed from the body due to damage to the Cells. These substances may not be toxic but they can interfere with the healthy Cell function. It is necessary that the body is free of heavy metals, toxins, and metabolic waste in order to optimize the immune response and reduce side effects of the therapy. A detoxification including calcium EDTA and other biological substances may be used to help the body free itself of toxins and to improve metabolic function. In order to remove additional sources of toxins, a dental assessment may be recommended.

## SUBSTITUTION

A lack of vital substances and mineral depletion and lack of can weaken our system and make us more fragile. So as to promote health and healing in the body, we use minerals, amino acids, and vitamins by using orthomolecular medicine. High intravenous doses of these agents have a pharmaceutical impact and can have an immediate effect on the immune system and metabolism.

## DISEASE SPECIFIC TREATMENT

These are methods which are conventional and non-conventional and directly attack a disease. The key is a balanced approach to therapies. Like we already explained above, we think that not all standard treatments are bad and not all alternative treatments are good. We just try to avoid the term 'alternative' because we feel that it is important to incorporate the best of each approach into an integrative therapy. The autogenic stem Cell therapy is an innovative medical treatment which we see able to be integrated as a disease specific treatment in our natural approach to treat chronic debilitating diseases.

## MIND-BODY MEDICINE

By this method, patients are professionally guided to discern patterns in their life that may have made them susceptible to ailments. This might include offering solutions for stress management and lifestyle coaching. Through ways of bodywork, the body's own perception and inner balance will be steadily improved. Internal stress and deep-seated tension are relieved and the self-healing powers of the body are stimulated.

# SUPPLEMENTARY PROGRAMS

## AS A 5-DAY ANTI-AGING CELL THERAPY PROGRAM

Cell extracts and amino peptides are often be named as the fountain of youth. Thymus extract and other organ peptides have been applied for decades in order to rejuvenate and as an anti-aging property.

### This program comprises:

- Cell therapy (10 vials of various organ peptides)
- Global Diagnostics whole body analysis
- Global Diagnostics frequency treatment
- Intravenous infusion therapies
- Lifestyle coaching
- Nutritional coaching
- Optional treatments
- Bodywork and massage treatments

### Optional therapies:

- CT scan, MRI, specialty testing
- Autologous stem cell therapy
- Face-lift
- Tri-functional anti-bodies

### Cell therapies may be effective for the treatment of:

- Anti Aging
- Rheumatism
- Impotence and sterility
- Autoimmune diseases
- Lyme disease
- Skin disorders
- Chronic fatigue
- Hepatitis
- Allergies
- Hormonal dysfunction
- Sleeping disorder
- Fibromyalgia
- Impotence and sterility
- Insomnia
- Lyme disease
- Male andropause
- Tinnitus
- Arthritis
- Menopause
- Immune support
- Thyroid problems

The best integrative treatment programme in combination with advanced and highly researched method. The process is easy, safe and internationally recognised. We help customers worldwide find value by enabling the delivery of utmost treatment with top operational excellence.

get in touch today  
you will be glad you did  
a trial will definitely convince you



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